

SPA

PURAI

BY IDOLO

*Nature does not hurry,
yet everything is accomplished*



Live slow, live fully

Our Philosophy

Indulge in the art of slow living with our spa menu, meticulously curated to offer a sanctuary of tranquility. Immerse yourself in a haven where time slows down, and each treatment is a deliberate embrace of relaxation. From rejuvenating massages to calming facials, our spa experience is crafted to align with the principles of slow living, providing a serene escape from the hustle of everyday life. Embrace the beauty of unhurried moments and let our treatments guide you into a state of blissful repose.

At our spa, we believe that true wellness is a personalized experience. Our commitment is to offer you not just a treatment, but a personalized journey that aligns with your unique needs. Whatever path you choose – anti-stress, detox or therapeutic - our goal is to guide you toward a state of balance, ensuring that your time with us is a transformative and enriching experience. Welcome to a place where your well-being is our priority and every treatment is a step towards a healthier, more harmonious self.

ANTI-STRESS RETREATS

In the hustle and bustle of everyday life, finding moments of calm is essential. Our anti-stress treatments are carefully designed to provide a haven of calm. Indulge in treatments designed to ease tension, enveloping you in a cocoon of serenity. Aromatherapy, body treatments based on olive pits and wildflowers and gentle facials further enhance the relaxation experience, allowing stress to dissipate, leaving you refreshed and renewed.

ANTI-STRESS BODY

Olive Seed Scrub 30min - 55€

A real rejuvenation, thanks to the aromas and textures of olive seeds, argan, grape seeds and orange blossom water. The skin is left free of dead cells and extremely soft.

Mediterranean Wrap 30min - 55€

A miraculously refreshing and hydrating treatment based on Aloe Vera and Mint for deep nourishment and relaxation. Offers immediate comfort and a unique sense of coolness, and renews sensitive and irritated skin.

ANTI-STRESS FACE

Greek Yoga Techniques 75min - 150€

Its exclusive formula is combined with an effective massage technique based on facial yoga and cupping for immediate, longer-lasting results. Has an innovative action against the dynamic wrinkles that appear day to day and a regenerating power against the static wrinkles that develop over the years.

Wild Flowers Extracts 30min - 60€ / 50min - 100€

A rehydration therapy for all skin types that will nourish your face using the ingredients of extracts from wildflowers. The skin is transformed: oxygenated, hydrated, strengthened, and regenerated.

MASSAGE WITH AROMATICS

Anti - Stress Back 25min - 55€ / 45min - 90€

A massage inspired by an ancient Greek technique that provides relaxation and achieves well-being through the harmony between the mind and the spirit. A relaxing massage based on slow movements that reduce stress levels.

The Serenity Massage Experience 50' - 100€ / 75' - 145€

Specially selected Essential oils are combined with a rhythmic and relaxing massage technique that liberates tension, restores the senses and offers absolute tranquility.

Olive Candlelight 50min - 110€ / 75min - 160€

An unforgettable massage that nourishes and protects the skin thanks to the natural benefits of olives. The treatment makes your skin, silkier than ever, show all its 100% Mediterranean beauty.

ANTI-STRESS SIGNATURE

King's Olive 110min - 215€

Our favorite treatments at Purai Spa celebrates Zakynthos' "liquid gold": Olive oil. Using simple, natural formulations, a base of King Jason Zante's own estate-made olive oil combined with aromatic essential oils or olive pits. The wild flowers facial, the olive body scrub, and the relaxing massage work to nourish and hydrate the skin, while the warmth of the oils and the gentle, intuitive movements of the therapist immerse you into optimum relaxation.

*Upgrade your body wrap or/and massage treatments for 25min more and get a 20% discount.

*All treatments are pregnancy-friendly but vary in terms of time and intensity. Find out more from the Experts.

D-TOXIFYING & FIRM ESCAPES

For those who wish to detoxify the body and renew the mind, the treatments in this category offer a holistic approach to wellness. Immerse yourself in invigorating papaya and marine-based body scrubs, green tea body wraps and massages, and cleansing treatments designed to eliminate toxins and promote a sense of lightness. Our detox rituals go beyond the surface, revitalizing you from the inside, and leaving you with renewed energy and a radiant glow.

D-TOX BODY

Papaya Scrub 30min - 55€

Provides the skin with an ultra-smooth texture thanks to the successive action of exclusive micro-particles of orange peel. The skin appears satin, silky and luminous.

Marine Scrub 30min - 55€

A refreshing body exfoliation with vitamins and algae extracts that nourish and soften the skin. Enriched with seaweed, marine elements and metal salts that transfer you directly to the endless blue of the ocean. Ideal for dry and thirsty skin.

Orange Firming Blossom 30min - 55€

This rich and fresh firming mask provides a complete beauty treatment. Its protective and hydrating properties provide an effective defense against free radicals and stimulate the production of collagen, reducing the loss of firmness and suppleness.

Cryotherapy Sculpting Treatment 30min - 60€

Maximum comfort and rest for the limbs of the body, providing them with all the hydration and nourishment they need. Improves blood circulation and relaxes the muscles.



Smile, breathe, and go slowly

D-TOX FACE

Rose Gold Radiance 75min - 155€

Enriched with vitamin C derivative and Ume plum extract, this treatment is the most powerful weapon against premature aging. Aids in fighting more effectively against oxidative stress and thus against aging are characterized by the appearance of dark spots, dehydration and dull tone. The skin radiates and feels smooth and refreshed.

D-Balance 60min - 100€

Universal and personalized treatment for all ages and all skin types. In record time it cleanses deeply, purifies, renews and soothes the surface of the skin. Reveals a more uniform, luminous and pure face.

D-TOX MASSAGES

Sculpting Body 25min - 60€ / 45min - 105€

Treatment that works against heaviness thanks to the Svelte Essentials Marine oil. The woody notes that have purifying properties provide our body with lightness.

Green Tea 50min - 100€ / 75min - 145€

A full body massage with Green Tea Jelly that prevents the formation of free radicals at the cellular level and repairs the damage, offering antioxidant and anti-inflammatory effects.

Energy Boost 50min - 100€ / 75min - 150€

The Vitality Essentials Marine oil, with a refreshing citrus base, rebalances and harmonizes the mind, activating the mood and providing optimistic thoughts. An invigorating massage with toning, rhythmic and fast movements that provide vitality and energy for the senses.

D-TOX SIGNATURE RITUALS

Jason's Green 110min - 210€

This Signature treatment begins with a full body exfoliation rich in minerals, followed by a detoxifying full body massage to improve well-being. The treatment is then completed with the application of a cryo body mask coming from the precious properties of the algae directly to you. Enjoy deeply refreshed, firm, and toned skin.

*Upgrade your body wrap or/and massage treatments for 25min more and get a 20% discount.

*Most treatments are pregnancy-friendly, but they vary in time and intensity. Find out more from the Experts.



THERAPEUTIC JOURNEYS

The slow living concept is not only about relaxation but also about addressing specific body issues and promoting healing. Our treatments are tailored to target specific areas of tension or discomfort. Our skilled therapists use a variety of techniques, from deep tissue massage and specialized anti-aging facials to lavender-infused body treatments, in order to relieve pain, improve flexibility, and promote overall physical condition. These treatments are designed to be a vital component of your spa journey, providing relief and rejuvenation where you need it the most.

THERAPEUTIC BODY

Lavender Scrub 30min - 55€

Renew your skin and unwind with this captivating nourishing body treatment featuring the relaxing scent of Lavender. Its oil base and tiny particles provide a wonderful exfoliation to renew the skin, leaving it incredibly smooth and supple.

Lavender Touch Wrap 30min - 55€

Surrender in the scent of Lavender for a truly relaxing skin-pampering experience. This wonderful moisturizing wrap with a gel-cream texture provides amazing results while transporting you to the elysee fields of Zante.

THERAPEUTIC FACE

Eternal Inner Youth 75min - 150€

Exquisite anti-aging facial treatment. Its stunning composition fills the wrinkles, rejuvenates, moisturizes the skin and activates the defense and cellular regeneration mechanisms. The ritual includes a toning massage with a special spoon, placed on ice and a unique metallic icy mask.

*Winner of prestigious Highest Award at 20th IFSCC (International Federation of Cosmetic Chemists), considered the Nobel Prize of Cosmetics.

Healing Royal Jelly 30min - 60€ / 50min - 100€

Royal Jelly, an exceptional nourishing elixir offered to us by nature, manages to work on the epidermal cohesion and to restore "skin resilience". Thus, it provides the skin with the power to be protected against external stress and to overcome it quickly. Skin is nourished and deeply revitalized.

THERAPEUTIC MESSAGES

Tailor Made Lavender 25min - 50€ / 45min - 90€

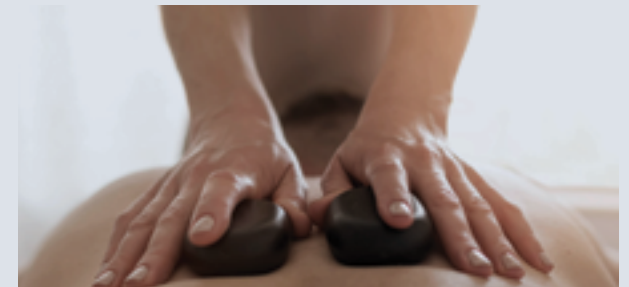
Unique sensory tailor-made massage, based on Lavender and Essential Oils, with sedative, antibacterial, regenerating properties that alleviate stress. The massage focuses on specific body parts according to your needs and preferences with accumulated tension such as the head, shoulders, face, back, and legs.

Deep Muscle 50min - 105€ / 75min - 155€

Deep pressures massage with specific techniques and focus on the trigger points that relieve muscle tension and stress, targeting the deeper layers of the muscles' connective tissue. Firm pressure from elbows and forearms loosen stiff muscles and joints for improved circulation.

Hot Healing Stones 75min - 155€

The massage techniques are combined with the properties of the volcanic stones and the essential oils. The heated stones are placed on key points of the body, releasing the accumulated energy from the chakras, while inducing a feeling of total harmony, wellbeing, and profound muscular relaxation.



THERAPEUTIC SIGNATURE

Zante Healing Herbs & Royal Jelly 110min - 215€

The session includes a head-to-toe exfoliation, using locally sourced, healing herbs. A luxurious deep pressure massage follows with an amazing therapeutic combination of essential oils. This unique experience concludes with a soothing & nourishing Facial based on Royal Jelly. This is a rejuvenating and restorative therapy that provides a wide range of health benefits.

*Upgrade your body wrap or/and massage treatments for 25min more and get a 20% discount.

*Most treatments are pregnancy-friendly, but they vary in time and intensity. Find out more from the Experts.

ADD-ON IN ANY TREATMENT WITH 20% OFF

Eyes & Lips 25min - 55€ / 45min - 90€

A fast, effective solution that works instantly on the lines and wrinkles of the eye contour. This eye & lip treatment offers a rejuvenated look and smoother skin.

In 45min we add: A suction cup, Gua Sha quartz stone and yoga massage that are used to perform eye massage to enhance the results.

Scalp Massage 40min - 80€

A delightful head massage formulated with five original oils that revitalize sensitive & irritated hair, and relieve headaches and migraines, offering the desired comfort. The treatment helps a good sleep.



Anything worth doing is worth doing slowly

WET AREA 25€

Embark on a journey of unhurried bliss in our wet area, where the principles of slow living seamlessly merge with the serenity of water. In this tranquil haven, immerse yourself in the soothing embrace of the steam room and sauna, inviting you to unwind at your own pace. The gentle flow of water and the calming ambiance create a perfect environment for embracing the art of slow living. Let go of the rush, and savor the moments of relaxation as you explore the rejuvenating synergy between the wet area and the philosophy of unhurried living. Rediscover a sense of balance and tranquility in this sanctuary where time slows down, and well-being takes center stage.

HOW TO SLOW LIVE WITH US



The art of living is the art of knowing how to live slowly

Reservations

Please contact the spa reception to book an appointment. We recommend making a reservation to guarantee your preferred treatment and time.

Cancellation policy

We understand that plans can change, and we will do our best to accommodate your needs. However, as all spa time is under reservation, should you need to cancel or change your booking kindly inform our team 24 hours before your time slot with no charge. Otherwise, cancellations made between 12-4 hours before the treatment(s) time will result in you being charged 50% of the treatment(s) cost, and cancellations made between 4 hours - the non-show will result in you being charged 100%.

Before your arrival

As many spa treatments serve to improve blood circulation through the application of special body pressure techniques, we advise against eating a heavy meal before your treatment. However, a light snack is appropriate. Alcohol is forbidden before any spa treatment. We recommend that you do not bring your valuables into the treatment room. The spa bears no responsibility for the loss of any personal belongings. Please wear a bathing suit for treatments including water.

Upon your arrival

Kindly arrive at least 15 minutes before your appointment. Delayed arrival will reduce the available time for your treatment. It will therefore reduce its effectiveness and your pleasure. This is your moment, and we want you to enjoy the experience to the fullest. Please let us know about any preferences you have regarding room temperature, pressure and music. Your care is our highest priority.

During your stay

The spa is dedicated to maintaining an environment of peace and tranquility. Help us by respecting our atmosphere of privacy and quiet by putting your mobile phone on flight mode during your spa stay. Smoking, alcohol and eating at the spa are prohibited.

Pregnancy

In our catalogue, you will find specially formulated treatments for women during pregnancy and for those who are nursing. Please allow the spa team to guide you, helping you choose which treatment is the most suitable during this special time.

Gift cards

Gift vouchers are available for any treatment, combination of treatments or home care products and are an ideal gift for someone you love and want to show some care for. Gift vouchers are non-refundable and must be presented during treatment or purchase.

Health questions

Please inform us at the time of booking of any medical condition or special needs. This will allow the spa team to guide you in selecting the right treatments. Before any treatment, our staff will ask you to fill in a consultation form. We fully comply with the eu's general data protection regulation.

Payment

Payment is completed before your treatment at the spa reception and all credit cards are accepted.

Age requirements

The spa is suitable for guests over 18 years of age. Children under the age of 16 must be accompanied by the parent.

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